



Study association
Psychology
Groningen



VIP COMMITTEE BOOKLET

PREFACE

Do you want to meet other psychology students and do something extracurricular? You can make your study time even better by becoming an active member of VIP! Currently, we have approximately 130 members who are active in one of our committees, structures, or year representations. All of them contribute their bit to create a successful year with a broad variety of fun and educative activities. Becoming an active member does not only mean that you will contribute to the organization of activities, but you also become part of our active members group. In addition to the regular activities, you can also join active members' activities such as the active members' barbecue or the active members' weekend. You can find information about all the different committees, structures, and year representations on the next pages.





CAREER COMMITTEE



The Career Committee organizes different career nights throughout the association year. A career night is a way to give students more insights into the different directions of psychology. The evenings consist of a varied and broad offer of two or three speakers who have graduated and are working in the field. It is interesting for students to learn more about the content of the work. It is also interesting to hear the personal experiences of the speakers. This can include for example experience with their study, associated education, training, and further work experiences. Within this committee, you are free in the topics you choose and the speakers you approach. Applying for this committee is possible in September!



LECTURE COMMITTEE

The Lecture Committee organizes different lectures with very interesting psychology-related topics throughout the year. These lectures are held by experts from their fields. It is even nicer to also invite an experienced expert who can tell a lot about his or her experiences within a certain topic. In previous years, the committee organized for example a lecture about the forensic psychology of rape, where an expert told us all about it. Furthermore, two war veterans came to talk about their experiences within the army. There was also a person who told his experience about escaping a cult they were in. All in all, there is a lot possible within this committee. It is possible to apply for this committee in September!





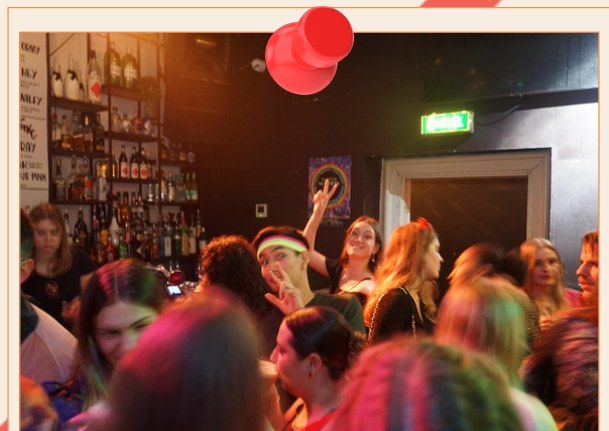
DIES/INTRODUCTION COMMITTEE



The Dies/Introduction Committee is in charge of organizing the Diesweek and the Introduction camp of the new association year. You work a year long to organize VIP's introduction period. This is the first impression for new Psychology students of the association. VIP celebrates the arrival of new students with our Diesweek (birthday week) and our introduction camp. The Diesweek always takes place at the end of the summer holiday (end of August). Yearly, the Diesweek has up to 250 participants, mainly new Psychology students. We organize the Diesweek to show what VIP has to offer and to give students an impression of the association. Next to this, they get to know their fellow students and Groningen. The Diesweek is filled with social and study-related activities. The introduction camp is organized to allow new students to get to know fellow first-year psychology students. Being part of this committee means that you work towards an unforgettable introductory period for new first-year psychology students. The committee consists of 7 members. Applying for this committee is possible in September!

FIRST YEAR COMMITTEE

The First Year Committee is one of the youngest committees of VIP and consists of six first-year students. The committee organizes four activities for first-year students so that they will be able to get to know each other better. The committee thinks of creative new activities. In previous years there was a wine-tasting activity, an evening of ice skating, and a bowling night. The committee can come up with the activities themselves and this can be as creative as they want. The First Year Committee is in contact with the owners of the locations and does all the preparation for the activities. These preparations include promotion, ticket sales, and making deals with external parties. It is possible to apply for this committee in September!





SPORTS COMMITTEE



The Sports Committee organizes the VIP skiing trip. During the trip, we go skiing with a group of approximately 30 enthusiastic students. Last years, we visited Risoul and La Plagne. The committee will make sure of the whole organization during this week, for example, the accommodation, the ski passes and the breakfast and dinner for the participants. They do this in collaboration with an external travel party. There is also a possibility to organize a second event. For example, a football tournament was organized in collaboration with the Sports Committee of Panacea. In another year, the Sports Committee organized a beach volleyball tournament with the Sports Committee of Ibn Battuta. Applying for this committee is possible in September!

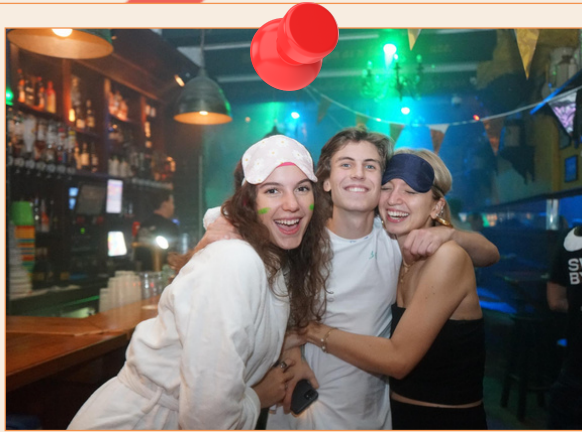
MASTER COMMITTEE

The Master Committee organizes a variety of activities for master students of all master programs from Psychology at the BSS Faculty. The committee members are free to decide which activities to organize. In previous years, they organized for example pooling events, playing padel, and a movie night. You can join the Master Committee when you are a master student yourself and this is a great way to meet other fellow master students and broaden your social network! This committee also consists of 6 members, who are responsible for contacting external parties, making the promotion, finding locations, and the ticket price.





SOCIAL COMMITTEE



The Social Committee organizes two big parties and two big social activities throughout the year. The parties take place at different locations and there is always a fun theme. Everyone gets dressed up! It is up to the committee what the theme of the parties is. The committee is also responsible for the decoration of the party, the promotion and the ticket sale. The parties are the moments to bond and make memories with all the fellow members. The other two social activities are not set yet. The committee is free to come up with ideas themselves. Examples of last years are the beercantus and a karaoke music night. Applying for this committee is possible in September!

EVENT COMMITTEE

The Event Committee organizes two big events. First of all, they organize a weekend away. In the last couple of years this was always in the form of a Hitchhike. This means VIP members can pair up and they will try to hitchhike to a previously unknown destination. This committee will make sure the rest of the weekend is planned with fun activities. Previous years, we went to Lille, Brussels, and Antwerpen. Next to this hitchhiking weekend, the Event Committee will organize the Batavierenrace weekend for VIP. The Batavierenrace is the biggest relay race for students in the world. More than 8000 students are joining this race. This committee will make sure the group will train twice a week to prepare for the Batavierenrace. Once the weekend has arrived, we will go all together to the camping in Enschede to have a very fun weekend full of running and partying. It is possible to apply for this committee in September!





WORKSHOP COMMITTEE

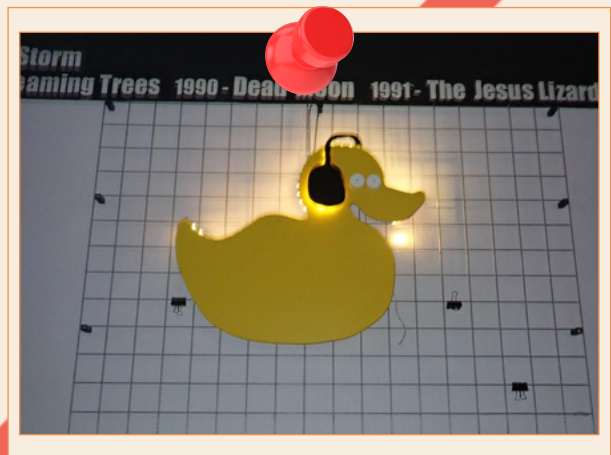


The Workshop Committee organizes multiple workshops throughout the year. The committee consists of 6 committee members who are responsible for organizing the ticket sale, location, promotion, and contact with external parties. Workshops that have been organized in the past were about laughing, Active Commitment Therapy, and a cooking workshop where VIP members learned to cook a cheap student-friendly vegan meal. The possibilities are endless and you can have a lot of creativity in this committee. Applying for this committee is possible in September!



ZWEMFEST COMMITTEE

The Zwemfest committee organizes one big festival, called the Zwemfest Festival. The goal is to organize an amazing festival for as many students as possible, where they can enjoy young, talented and upcoming bands. The committee consists of eight members from four different associations. The Zwemfest music Festival is organized by VIP, Ibn Batutta, GLV Idun and GHD Ubbo Emmius. There are two committee members from every association that contribute to organizing this festival. Together, they are looking for nice and upcoming bands that can perform during the Zwemfest Festival, which always takes place in September. Applying for this committee is possible in September!





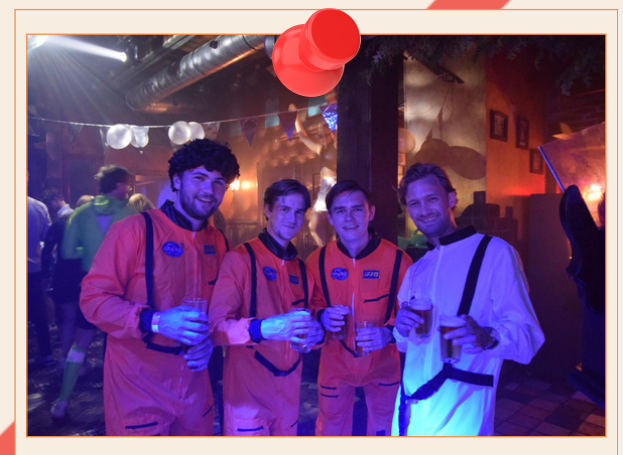
INHOUSE COMMITTEE



The Inhouse Committee organizes multiple inhouse days throughout the year. This committee also consists of 6 members, who are in charge of reaching out to companies, making promotion and contacting locations. With this committee, you get the chance to meet different companies and psychologists in the field. The committee can decide what company they would like to visit. Inhouse days that have been organized in the past were to the Van Mesdag clinic in Haren and to the women's shelter Wender. Applying for this committee is possible in September!

LUSTRUM COMMITTEE

The Lustrum committee consists of 7 members who together organize the Lustrum of VIP. This committee is a special one since it only exists once every 5 years, when VIP celebrates another lustrum. VIP turned 40 in 2021, and therefore, the Lustrum Committee organized 3 days and 4 nights of festive activities to celebrate this with VIP members, VIP alumni and friends. Some activities are set already, but the committee can also partly decide what activities they want to organize. This committee is one of the biggest committees and it requires time and effort from the committee members. Nevertheless, with a good planning and efficient teamwork, this committee is doable besides your psychology studies.





BSS CONGRESS COMMITTEE



The Congress Committee (CoCo) organizes the Behavioural and Social Sciences Congress (BSS Congress). How ready are students to get to work after their studies? How employable are they? The university and faculty of BSS choose to involve study associations in their employability strategy, and believe that there is a shared responsibility between the parties to prepare students for what is out there. To that end, the BSS Congress will be organized in May. For students, visiting the BSS Congress is a great way to get motivated by interesting keynotes, to improve your soft skills, and enlarge your network. It is a preparation for the job market, as well as a way to learn about interesting current topics. To organize a congress as big as the BSS Congress, a committee of 8 students works on the project for about a year, and are supervised by a Supervisory Board. Organizing the BSS Congress has a lot of added benefits, such as developing yourself both personally and professionally. As an added bonus, members of the CoCo are seen as an active member by all three study associations: VIP, ODIOM, and Sociëtas. This means you will meet new people and broaden your network, which is something you will also do by approaching companies and speakers. Applying for this committee is possible in September!

YEARBOOK COMMITTEE

The Yearbook committee creates the yearbook of VIP. The committee will work on this yearbook throughout the association year. In this yearbook there are pictures of the activities of the past year, and a written piece from each committee of VIP. Next to this, the brother and sister associations of VIP write a piece for the yearbook. The committee also makes sure there is an overview of all the events of the past year. Last but not least, the yearbook is filled with the contact information of our members and a picture of everyone who is in a committee, structure or Year Representation. Within this committee, there is the opportunity to use a lot of creativity. The yearbook has a different theme every year. The whole yearbook is created in this theme. Therefore, the committee can design the yearbook as they like and fill it with their creative ideas. Applying for this committee is possible in September!





INTERCULTURAL COMMITTEE



The Intercultural Committee organizes a couple of activities throughout the year. Their aim is to integrate students from different nationalities and learn about different cultures. The committee consists of both Dutch and international members. Within this committee, you are free to decide what activity to organize as long as the attendees get the chance to be in contact with each other. In previous years, there has for example been a cocktail workshop, a running dinner, a Christmas related pub quiz and an international food and movie night. Applying for this committee is possible in September!

TRAVEL COMMITTEE

The Travel Committee is an idea fund committee. In the past two years they have organized a travel week for members of VIP. We went to Athens and the year after that to Porto and Lisbon. During these weeks, the VIP members saw a lot of the city and explored the night life as well. During the travel week, VIP members have a lot of opportunities to get to know each other during numerous activities. The idea fund is a fund for VIP members who come up with all sorts of creative ideas that cost money. An idea fund committee is a committee that does not exist every year, but if people are interested in organizing a specific activity or a trip (like the Travel Committee), they can request money from the idea fund.





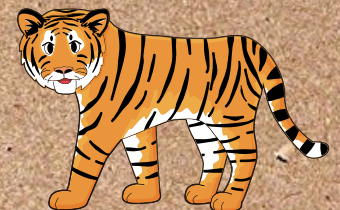
ACQUISITION STRUCTURE



The acquisition structure helps committees reach their acquisition targets. Every committee that has an acquisition target has a contact person that is a member of the acquisition structure. The acquisition structure also helps the board by contacting companies and making deals themselves as well. It is possible to combine this structure with another committee and applying for this structure is possible in September!



***They are also known
as the Tigers!***



MIND OVER MARKETING COMMITTEE

The Mind over Marketing Committee is a collaboration with MARUG (the marketing association in Groningen) and they organize a Congress about the psychology behind marketing every year. The Mind over Marketing Committee is an idea fund committee. The idea fund is a fund for VIP members who come up with all sorts of creative ideas that cost money. An idea fund committee is a committee that does not exist every year, but if people are interested in organizing a specific activity (like the Mind over Marketing Conference), they can request money from the idea fund.





AUDIT STRUCTURE



The members of the Audit Structure check the accountancy of VIP and the final account of the association's book year. This structure consists of former treasurers and chairs of the previous VIP Boards.



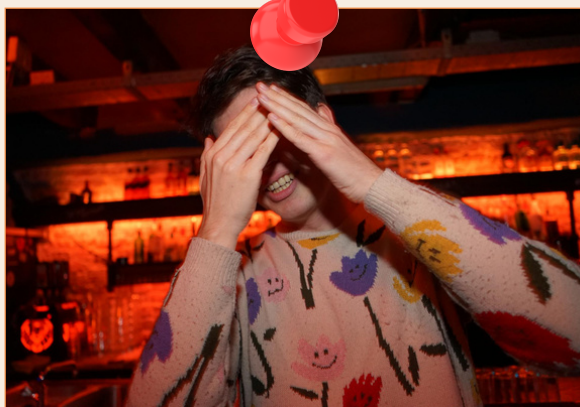
STUDENT EXCHANGE COMMITTEE

The Student Exchange committee organizes an exchange with students from a university in Europe every year. The foreign students first come to Groningen for a week, to get to know Groningen and a group of VIP members. Every foreign student will get a buddy to stay with for the week. Later in the year, the students from Groningen will visit their city for a week as well. In past years, these exchanges have been organized with students from Budapest (Hungary), Aveiro (Portugal) and Helsinki (Finland). This committee is responsible for the programme of the week in Groningen and the transportation to the exchange country. Examples of activities to fill the week with are ice skating, a museum tour, a city tour, a pubcrawl and a 'Hollandse' party. Applying for this committee is possible in September!





MEDIA STRUCTURE



The Media Structure is in charge of taking pictures of almost all activities organized by the committees or the Board during the association year. A member of the structure attends the activity free in charge to take pictures. After attending an activity the member has to upload the best-taken pictures to the VIP-site. This is usually done the day after the activity. The structure makes a planning for the activities and they decide who is going to which activity. So being part of the Media Structure means you are an active member of VIP, but you do not have to organize an activity yourself. Instead, you can visit a lot of activities. It is possible to combine this structure with another committee and applying for this structure is possible in September!



JAARVERTEGENWOORDIGING & YEAR REPRESENTATION

The Year Representations consists of six students from the same year. We have a Year Representations for both the English and Dutch track and year 1 and 2, so 4 in total. The Year Representatives are co-responsible for the improvement of the quality of the study. They do this by keeping track of how fellow students think about the courses, the lectures and the exams. The Year Representatives write reports about every course per block. They get information for this by talking to as many students as possible and by keeping their opinion in mind. Furthermore, they deliberate during the Education Platform where multiple parties within the faculty are present. During this meeting, they talk about good and improvable points of the study. Applying for the year representations is possible in September!



STUDY STRUCTURE



The Study Structure is in charge of the book sales at the beginning of each block. They make sure the book lists are correct by having contact with all the coordinators of the psychology courses. The committee also checks if the correct information is stated on the VIP book shop. Next to this, the Study Structure organizes study days. They make sure a room is available during the exam period in which VIP students can study in peace and quiet with some coffee and snacks. It is possible to combine this structure with another committee and applying for this structure is possible in September!

BAR & COOK STRUCTURE

The Bar & Cook structure helps committees and the Board with any dinner that needs to be cooked at activities. The Bar & Cook always cooks the dinners for the introduction camp and the active members weekend. They also make sure there are enough drinks and they help at the bar. The (Board) members also help during the camp with the maintenance of the bar. The Bar & Cook sometimes also helps during Barbeques, active members dinners or other dinners for VIP. The structure exists out of 3 or 4 members. It is possible to combine this structure with another committee and applying for this structure is possible in September!





DJ STRUCTURE



The DJ Structure is in charge of playing music at every monthly VIP drinks at the Pakhuis. Furthermore, the DJ Structure is responsible for the musical entertainment at special events, like the yearly Active Members Weekend and the Introduction Camp at the beginning of the academic year. In order to be part of this structure, you need to have (some) experience as a DJ. It is possible to combine this structure with another committee and applying for this structure is possible in September!

